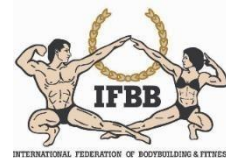




IFBB WORLD BODYBUILDING CHAMPIONSHIPS

& IFBB WOMEN'S WORLD CUP. IFBB WORLD CONGRESS



MAIN INFORMATION

NAME OF THE EVENT: IFBB WORLD BODYBUILDING CHAMPIONSHIPS (SENIORS AND MASTERS) & IFBB WOMEN'S WORLD CUP. IFBB INTERNATIONAL CONGRESS

CITY / COUNTRY: SANTA SUSANNA / SPAIN

DATE: November 2nd - 7th, 2022

EVENT OPEN FOR : ALL IFBB-AFFILIATED NATIONAL FEDERATIONS

IFBB ELITE PRO CARD QUALIFIER YES NO

IFBB INTERNATIONAL RANKING QUALIFIER YES NO

DAY OF ARRIVAL : 02/11/2022

DAY OF DEPARTURES: 07/11/2022

**REGISTRATION, WEIGH-IN DAY:
02/11/2022**

TIME: 10:00 to 20:00
Hours

**PLACE:
HOTEL DON ANGEL – SANTA SUSANA**

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: "JOSEP TARRADELLAS" BARCELONA INTERNATIONAL AIRPORT

VISA INFORMATION:

A VALID PASSPORT IS REQUIRED TO ENTER SPAIN. CITIZENS OF THE EU-COUNTRIES, ICELAND, NORWAY, AND SWITZERLAND DO NOT NEED TO OBTAIN A VISA; ALL OTHER COUNTRIES SHOULD CHECK AT: [HTTPS://WWW.AXASCHENGEN.COM/EN/APPLY-SCHENGEN-VISA/SPAIN-TOURIST-VISA](https://www.axaschengen.com/en/apply-schengen-visa/spain-tourist-visa), AN OFFICIAL LETTER OF INVITATION WILL BE AVAILABLE IF REQUIRED, IT IS NATIONAL FEDERATIONS RESPONSIBILITY TO OBTAIN AN ENTRY VISA FOR THE COUNTRY ORGANIZING THE CHAMPIONSHIPS. ALL NATIONAL FEDERATIONS COULD ASK FOR AN INVITATION LETTER EITHER TO THE ORGANIZER OR THE IFBB. THE INVITATION LETTER DOES NOT MEAN YOU ARE GRANTED YOUR VISA. IFBB AND THE ORGANIZER ARE NOT RESPONSIBLE OF ATTENDANT'S VISAS. TO RECEIVE INVITATION LETTER, THE APPLICANT SHOULD FORWARD A COPY (SCAN) OF PASSPORT TO THE IFBB OR TO THE ORGANIZER, IF THE VISA IS NOT GRANTED, THE CANCELLATION POLICIES FOR THE CHAMPIONSHIPS WILL STILL APPLY.

*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE:

POLIESPORTIU PARC DEL COLOMER – PARC DEL COLOMER S/N SANTA SUSANNA – BARCELONA – SPAIN.

HOTEL INFORMATION

OFFICIAL HOTELS:

DON ANGEL HOTEL – 14 CARRER DEL PLA DE LA TORRE, 08398 SANTA SUSANNA, BARCELONA – SPAIN.

REGISTRATION FEE:

PAYMENTS BEFORE - OCTOBER 24th

Each athlete and Delegate or Extra Delegate paying online **NOT LATER THAN OCTOBER 24th** will pay the IFBB registration fee of **EUR €450**.

PAYMENTS AFTER - OCTOBER 24th

Each athlete and Delegate or Extra Delegate paying **AFTER OCTOBER 24th** will pay the IFBB registration fee of **EUR €550**.

This fee includes **5 hotel nights'** accommodation in a double room plus three meals per day, starting with dinner on **02/11/2022** and finishing with breakfast on **07/11/2022**.

The IFBB registration fee is separate from the hotel security deposit. A hotel security deposit of **EUR €100** per person is required upon check-in for incidental and personal expenses that may arise (telephone, mini bar, laundry, etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted.

In case any athlete or Delegate wish to have accommodation in a single room, the rate will be **EUR €600** if paying online **BEFORE OCTOBER 24th** and **EUR €700** if paying **AFTER OCTOBER 24th**.

SPECIAL PACKAGES RATES FOR SUPPORTERS, MEDIA & OTHERS -The Organizing Committee has established a full special package rate, which includes 5 nights 'accommodation, with three (3) meals per day (breakfast, lunch & dinner), ticket to the venue and onsite transportation at a special cost.

PAYMENTS NOT LATER THAN OCTOBER 24th

- For single room **EUR €600**
- For double room **EUR €450 (per person)**

PAYMENTS AFTER - OCTOBER 24th

- For single room **EUR €700**
- For double room **EUR €550 (per person)**

ONLINE PAYMENT: May be done by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>.

You can also make the Payment via Bank Transfer to the following bank account:

Beneficiary: FEDERACION INTERNACIONAL DE CULTURISMO Y FITNESS

BANK BBVA

ACCOUNT: ES51 0182 6127 1102 0158 4781

SWIFT: BBVAESMMXXX

Please add your name during online payment and bring a copy of your payment confirmation to the registration.

DEADLINE FOR ONLINE PAYMENT: **24/10/2022 midnight**.

CROSSEOVERS: EUR €100 per each of the additional categories.

Crossovers between the following men's sports divisions are allowed:

- a) Games Classic Bodybuilding – Classic Bodybuilding – Classic Physique – Bodybuilding.
- b) Men's Fitness-Men's Physique.

Crossovers between the following women's sports divisions are allowed:

- a) Women's Acrobatic Fitness – Women's Bodyfitness.
- b) Women's Artistic Fitness – Women's Bikini

Also Masters in in senior categories.

EXPRESS CHECKING

NATIONAL FEDERATIONS ARRIVING TO THE REGISTRATION AREA WITH THE ATTACHED FORM DULLY FULFILLED AND THE ONLINE REGISTRATION (INCLUDING PAYMENT) DULLY COMPLETED WILL HAVE ACCESS TO THE EXPRESS CHECKING.

TO AVOID INCONVENIENCES AND DELAYS TO NATIONAL FEDERATIONS THAT PROPERLY FULFILED THE PROTOCOL.

NATIONAL FEDERATIONS ARRIVING TO THE REGISTRATION AREA WITHOUT THE REQUIRED DOCUMENTS DULLY COMPLETED WILL NOT HAVE ACCESS TO THE REGISTRATION DESK UNTIL THE MISSING REQUIREMENT IS COMPLETED.

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. **IFBB Cards are EUR €35 /USD \$45 and are mandatory.**

*All **posing music** must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

WORLD BODYBUILDING CHAMPIONSHIPS

GAMES CLASSIC BODYBUILDING:

SENIOR CATEGORIES:

1. MEN'S GAMES CLASSIC BODYBUILDING UP TO 175 CM
2. MEN'S GAMES CLASSIC BODYBUILDING OVER 175 CM

MASTER CATEGORIES:

1. MASTER MEN'S GAMES CLASSIC BODYBUILDING 40-44 YEARS, OPEN
2. MASTER MEN'S GAMES CLASSIC BODYBUILDING 45 YEARS & OVER, OPEN

CLASSIC BODYBUILDING:

SENIOR CATEGORIES:

1. MEN'S CLASSIC BODYBUILDING UP TO 168 CM
2. MEN'S CLASSIC BODYBUILDING UP TO 171 CM
3. MEN'S CLASSIC BODYBUILDING UP TO 175 CM
4. MEN'S CLASSIC BODYBUILDING UP TO 180 CM
5. MEN'S CLASSIC BODYBUILDING OVER 180 CM

MASTER CATEGORIES:

1. MASTER MEN'S CLASSIC BODYBUILDING 40-44 YEARS, OPEN
2. MASTER MEN'S CLASSIC BODYBUILDING 45-49 YEARS, OPEN
3. MASTER MEN'S CLASSIC BODYBUILDING 50 YEARS & OVER, OPEN

CLASSIC PHYSIQUE:

SENIOR CATEGORIES:

1. MEN'S CLASSIC PHYSIQUE UP TO 168 CM
2. MEN'S CLASSIC PHYSIQUE UP TO 171 CM
3. MEN'S CLASSIC PHYSIQUE UP TO 175 CM
4. MEN'S CLASSIC PHYSIQUE UP TO 180 CM
5. MEN'S CLASSIC PHYSIQUE OVER 180 CM

MASTER CATEGORIES:

1. MASTER MEN'S CLASSIC PHYSIQUE 40-44 YEARS, OPEN
2. MASTER MEN'S CLASSIC PHYSIQUE 45-49 YEARS, OPEN
3. MASTER MEN'S CLASSIC PHYSIQUE 50 YEARS & OVER, OPEN

BODYBUILDING:

SENIOR CATEGORIES:

1. MEN'S BODYBUILDING UP TO 65 KG
2. MEN'S BODYBUILDING UP TO 70 KG
3. MEN'S BODYBUILDING UP TO 75 KG
4. MEN'S BODYBUILDING UP TO 80 KG
5. MEN'S BODYBUILDING UP TO 85 KG
6. MEN'S BODYBUILDING UP TO 90 KG
7. MEN'S BODYBUILDING UP TO 95 KG
8. MEN'S BODYBUILDING UP TO 100 KG
9. MEN'S BODYBUILDING OVER 100 KG

MASTER CATEGORIES:

1. MASTER MEN'S BODYBUILDING 40-44 YEARS, UP TO 70 KG
2. MASTER MEN'S BODYBUILDING 40-44 YEARS, UP TO 80 KG
3. MASTER MEN'S BODYBUILDING 40-44 YEARS, UP TO 90 KG
4. MASTER MEN'S BODYBUILDING 40-44 YEARS, OVER 90 KG
5. MASTER MEN'S BODYBUILDING 45-49 YEARS, UP TO 70 KG
6. MASTER MEN'S BODYBUILDING 45-49 YEARS, UP TO 80 KG
7. MASTER MEN'S BODYBUILDING 45-49 YEARS, UP TO 90 KG
8. MASTER MEN'S BODYBUILDING 45-49 YEARS, OVER 90 KG
9. MASTER MEN'S BODYBUILDING 50-54 YEARS, UP TO 80 KG
10. MASTER MEN'S BODYBUILDING 50-54 YEARS, OVER 80 KG
11. MASTER MEN'S BODYBUILDING 55-59 YEARS, UP TO 75 KG
12. MASTER MEN'S BODYBUILDING 55-59 YEARS, OVER 75 KG
13. MASTER MEN'S BODYBUILDING 60 YEARS & OVER, OPEN

MEN'S WHEELCHAIR BODYBUILDING:

SENIOR CATEGORIES:

1. MEN'S WHEELCHAIR BODYBUILDING OPEN

MIXED-PAIRS BODYBUILDING:

SENIOR CATEGORIES:

1. MIXED-PAIRS OPEN

MEN'S PHYSIQUE:

SENIOR CATEGORIES:

1. MEN'S PHYSIQUE UP TO 170 CM
2. MEN'S PHYSIQUE UP TO 173 CM
3. MEN'S PHYSIQUE UP TO 176 CM
4. MEN'S PHYSIQUE UP TO 179 CM
5. MEN'S PHYSIQUE UP TO 182 CM
6. MEN'S PHYSIQUE OVER 182 CM

1. MUSCULAR MEN'S PHYSIQUE OPEN

MASTER CATEGORIES:

1. MASTER MEN'S PHYSIQUE 40-44 YEARS, OPEN
2. MASTER MEN'S PHYSIQUE 45-49 YEARS, OPEN
3. MASTER MEN'S PHYSIQUE 50 YEARS & OVER, OPEN

WORLD WOMEN'S FITNESS CHALLENGE CHAMPIONSHIPS

1. TEAMS
2. WOMEN INDIVIDUAL
3. COUPLES
4. SILVER WOMEN INDIVIDUAL
5. GOLD WOMEN INDIVIDUAL
6. SILVER MIXED COUPLES
7. GOLD MIXED COUPLES
8. SILVER MIXED TEAM
9. GOLD MIXED TEAM

(Note: World Men's Championships will take place in Iran)

WOMEN'S WORLD CUP

FITNESS:

1. WOMEN'S ACROBATIC FITNESS UP TO 163 CM
2. WOMEN'S ACROBATIC FITNESS OVER 163 CM

1. WOMEN'S ARTISTIC FITNESS UP TO 163 CM
2. WOMEN'S ARTISTIC FITNESS UP TO 168 CM
3. WOMEN'S ARTISTIC FITNESS OVER 168 CM

1. MEN'S FITNESS OPEN

BIKINI:

1. WOMEN'S BIKINI UP TO 158 CM
2. WOMEN'S BIKINI UP TO 160 CM
3. WOMEN'S BIKINI UP TO 162 CM
4. WOMEN'S BIKINI UP TO 164 CM
5. WOMEN'S BIKINI UP TO 166 CM
6. WOMEN'S BIKINI UP TO 169 CM
7. WOMEN'S BIKINI UP TO 172 CM
8. WOMEN'S BIKINI OVER 172 CM

1. MASTER WOMEN'S BIKINI 35-39 YEARS UP TO 164 CM
2. MASTER WOMEN'S BIKINI 35-39 YEARS OVER 164 CM
3. MASTER WOMEN'S BIKINI 40-44 YEARS OPEN
4. MASTER WOMEN'S BIKINI 45 YEARS & OVER, OPEN

BODYFITNESS:

1. WOMEN'S BODYFITNESS UP TO 158 CM
2. WOMEN'S BODYFITNESS UP TO 163 CM
3. WOMEN'S BODYFITNESS UP TO 168 CM
4. WOMEN'S BODYFITNESS OVER 168 CM

1. MASTER WOMEN'S BODYFITNESS 35-39 YEARS OPEN
2. MASTER WOMEN'S BODYFITNESS 40-44 YEARS OPEN
3. MASTER WOMEN'S BODYFITNESS 45 YEARS & OVER, OPEN

WOMEN'S PHYSIQUE:

1. WOMEN'S PHYSIQUE UP TO 163 CM
2. WOMEN'S PHYSIQUE OVER 163 CM

1. MASTER WOMEN'S PHYSIQUE 35 YEARS & OVER, OPEN

1. **WOMEN'S WELLNESS FITNESS UP TO 158 CM**
2. **WOMEN'S WELLNESS FITNESS UP TO 163 CM**
3. **WOMEN'S WELLNESS FITNESS UP TO 168 CM**
4. **WOMEN'S WELLNESS FITNESS OVER 168 CM**

1. **MASTER WOMEN'S WELLNESS FITNESS 35-39 YEARS OPEN**
2. **MASTER WOMEN'S WELLNESS FITNESS 40-44 YEARS OPEN**
3. **MASTER WOMEN'S WELLNESS FITNESS 45 YEARS & OVER, OPEN**

FIT-PAIRS:

1. **FIT- PAIRS OPEN**

FIT-MODEL:

1. **FIT-MODEL OPEN**

IMPORTANT NOTE

THE FOLLOWING ACROBATIC ELEMENTS ARE NOT ALLOWED:

1. **FLIPS (SALTO) – ANY TYPE**
2. **HANDSPRINGS – ANY TYPE**
3. **AERIAL CARTWHEEL - ROUND OFF**
4. **DIVE ROLL**
5. **ANY COMBINATION OF THE ABOVE-MENTIONED MOVES**

CROSSOVER BETWEEN ACROBATIC FITNESS AND ARTISTIC FITNESS ARE NOT ALLOWED.

AWARDS

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence and trophies**. Overall winner will have a **trophy**.

Points to the IFBB World Ranking:

- **World Championships – Level 4**
- **World Cup – Level 2**

IFBB ELITE PRO CARDS:

TOTAL NUMBER OF IFBB ELITE PRO CARDS : 59 DISTRIBUTION (SENIOR & MASTER)

- ALL CATEGORIES WOMEN'S PHYSIQUE (SENIOR)
- ALL CATEGORIES WOMEN'S BODYFITNESS (SENIOR)
- ALL CATEGORIES MEN'S BODYBUILDING (SENIOR & MASTER)
- ALL CATEGORIES MEN'S CLASSIC BODYBUILDING (SENIOR)
- ALL CATEGORIES MEN'S PHYSIQUE (SENIOR)
- ALL CATEGORIES MEN'S CLASSIC PHYSIQUE (SENIOR & MASTER)
- ALL CATEGORIES WOMEN'S BIKINI (SENIOR & MASTER)
- ALL CATEGORIES WOMEN'S WELLNESS (SENIOR)

***REGISTRATION DEADLINE (IMPORTANT WARNING)**

PRELIMINAR ENTRY FORM: 30/09/2022

Please notice that to send the PEF is MANDATORY. Any National Federation attending the event without having previously sent the PEF before the deadline will be charged with an additional EUR €250 fee. Please notice the PEF doesn't have to reflect the exact number of members from each national team. Just an estimated information is required.

FINAL ENTRY FORM: 24/10/2022

Please notice that to send the FEF is MANDATORY. Any National Federation attending the event without having

previously sent the FEF before the deadline will be charged with an additional EUR €250 fee.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: YES, PRICE: EUR €50 each.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE:

ELITE TAN Contact: patriciatanning@gmail.com

CONTACT INFORMATION:

Please send Your Entry Form to:

Contact: Ms. Patricia Schez

E-mail: secretaria@ifbb-spain.com

Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to the IFBB Head Office:

E-mail: contact@ifbb.com

Contact details for additional correspondence:

Mr. Jose Tomas Ramos Muñoz

President of the SPANISH BODYBUILDING AND FITNESS FEDERATION

E-mail: secretaria@ifbb-spain.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Technical Meeting.

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

